

MAPLEWOOD OF SAUK PRAIRIE MENU

WEEK 3 SS August 4 - 10

4

5

6

7

8

9

10

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Raspberry Cake	Crullers'	Banana Bread	Assorted Donut	Glazed Ring Donut	Omelet	Strawberry - Rhubarb Muffin
Meatloaf Mashed Potato Mixed Vegetable Blueberry Pie Alt: Salad Bar LS. Salmon Filet Parsley Potato/ Fresh Fruit Cup	Baked Ham Scalloped Potato Summer Squash Fresh Fruit Cup Alt: Orzo Salad w/ veggies LS. Chicken Caesar Wrap w/ Fresh fruit	Lasagna Garlic Breadstick Tossed Salad Seven Layer Bar Alt. Pork Roast LS. Garden Salad/Breadstick	Grilled Chicken Breast Baby Bakers Green Beans Peaches Alt. Meatloaf LS. Turkey Burger/Baked Chips	Cheesy Beef & Hash -brown Casserole Carrot Coins Strawberry Rhubarb Cream Cheese Bar Alt. Sub Sandwich/Chips LS. Chicken Taco Salad	Shrimp Scampi Bake Parsley rice Peas Watermelon Alt. Lasagna/Tossed Salad LS. Grilled Shrimp	Savory Chicken Wings Sweet Potato Tots Broccoli Slaw Jello Cake Alt. Cheesy beef Casserole LS. Grilled Vegetable wrap/ Fresh Fruit
Monster Cookie	String cheese Diet: Same	Cream Puff Diet: Same	Chocolate Chip Cookie Diet: Small	Pretzel w/ cheese Diet: Same	Sugar Cookie Diet: Same	Beef Stick Diet: Same
Creamy Corn Chowder Ham Salad Sandwich Cookies and Cream Ice Cream Alt. Swedish Meatballs w/ noodles LS. Fruit Plate w/ Cottage Cheese	Fish Sticks Diced Potatoes Peas Peanut Butter Cookie Alt. Baked Potato Bar LS. Baked Cod	Chicken Salad Croissant Sandwich Potato Chips Melon Cup Alt. Flatbread Pizza/ T. Salad LS. Low Fat Egg Salad Sandwich Baked Chips	BBQ Rib Garlic Mashed Confetti Corn Blonde Brownie Alt. Pot Pie LS. Baked cod/ Broccoli/ Fresh Fruit Cup	15 Bean Soup Salami & Cheese Sandwich Fruit Cocktail Alt. Brat w/Kraut LS. Seafood Pasta Salad on Lettuce Leaf/ Crackers	Grilled Hamburger Coleslaw French Fries Huckleberry Ice Cream Alt. BBQ Rib/Mashed Potatoes/Corn LS. Garden Burger/ Baked Chips	Beef Stroganoff Over Noodles Cali- Blend Vegetable Banana Pudding Alt. 15 Bean Soup/Ham Sandwich LS. Fruit Plate w/ Low Fat Cottage Cheese